



West Lodge Park

YOUR LONDON RETREAT

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THE MARY BEALE
RESTAURANT

Food & Drink

Breakfast

Weekdays: 7.00am - 10.30am

Weekends & Bank Holidays: 8.00am - 10.30am

Continental and English breakfast is served in your room or in the Mary Beale Restaurant at the above times. If you would like room service breakfast, please hang the room service form on your door knob by 4.00am.

A £5.00 tray charge will be added for room service.

Dining

Our All Day Restaurant Menu is available throughout the hotel daily from 12.00 noon, to last orders at 9.30pm.

Our brunch menu is available from 7.00am to 11.30am on week days and 8.00am to 11.30am at weekends and bank holidays.

On Friday and Saturday evenings, Sunday lunch and Sunday tea, we have live music from our resident pianist.

Dress Code: Smart casual

Afternoon Tea

Served Monday to Friday from 2.00pm to 5.00pm

Saturday and Sunday from 3.00pm to 5.00pm

It is advisable to book a table in case there is not one free at the time you require.

*Please ask to see our food brochure for detailed information
on our commitment to local produce.*

*We will endeavour to cater for all dietary requirements,
please talk to the restaurant team who will be pleased to help.*

Room Service Menu

Our full room service menu is available daily from 12.00 noon to 9.30pm Monday to Sunday, with a selection of cold sandwiches available 24/7 to residents.

To order from this menu for [room service](#), dial 2222.

If you wish to order sandwiches outside of the normal restaurant opening hours please dial 0 to contact our night manager.

If you would prefer fresh semi-skimmed milk or soya milk in place of the UHT milk provided with the tea/coffee making facilities in the room, please request this with reception by dialling 0.

Smoking

For the comfort of all our guests, we operate a strict No Smoking policy in all of our bedrooms and public areas. Smoking areas can be found by the front door, on the terrace, by the John Evelyn room and at the entrance to Chestnut Lodge.

E-cigarettes

Our guests have asked that E-cigarettes are not used in public areas. Thank you for your co-operation.



Cold sandwiches available to residents 24/7

THE TERRACE BAR

SANDWICHES

Served with salt & black pepper crisps & green salad garnish

Grilled Cheese Sourdough
mozzarella, Lancashire Bomb and Gruyère,
Bloody Mary ketchup
CE GL EG FI DA MU DS
11.00

Salt Beef Brioche
pickled red cabbage, Gruyère, Dijonnaise
GL EG DA MU SD
11.50

Spiced Sweet Potato and Chickpea Wrap
baby spinach, coconut yoghurt
GL SS SD
9.50

Lemon and Thyme Roast Chicken Ciabatta
butter lettuce, lemon mayonnaise
GL EG DA MU SD
10.50

Free-range Hertfordshire Egg and Cress
white or malted bloomer
V GL EG DA MU SD
7.50

Smoked Salmon and Black Pepper
white or malted bloomer
VE GL FI DA MU SD
10.00

ALLERGEN LEGEND: (CE) Celery, (CR) Crustacean, (DA) Dairy, (EG) Eggs, (FI) Fish, (GL) Gluten, (LU) Lupin, (MO) Mollusc, (MU) Mustard, (NU) Nuts, (PE) Peanuts, (SD) Sulphur Dioxide, (SO) Soya, (SS) Sesame Seeds, (P) Pasteurised cheese (V) Vegetarian, (VE) Vegan

BRUNCH

7.00am-11.30am Mon-Frid 8.00am-11.30am Sat/Sun & BH

Toasted bacon ciabatta GL SD
Pickles & lettuce, HP sauce
10.50

Toasted English muffin GL EG DA
Crushed avocado,
cracked black pepper
9.00

Eggs Benedict GL EG MU
Toasted English muffin,
2 Hertfordshire free-range eggs,
Dingley Dell ham, hollandaise sauce
12.00

Eggs Florentine GL EG DA MU
Toasted English muffin,
2 Hertfordshire free-range eggs,
spinach, hollandaise sauce
12.00



CHEESE

Cheese is best served at room temperature, please allow 30 minutes or order earlier.

Served with olive bread, quince jam & grapes
Full Selection 15.00

Rachel v

Semi-hard goats' cheese, sweet & nutty flavour.

Baron Bigod

The UK's only traditional raw milk Brie-de-Meaux style cheese.

Mrs. Kirkham's Lancashire

The most famous of Lancashire cheese with a beautiful buttery taste.

Solstice v

A Guernsey cow's milk cheese washed in Somerset cider brandy.

Cashel Blue p

A semi-soft creamy cheese, distinguished by its round, full flavor and signature tang.

ROOM SERVICE MENU

Available 12.00 noon - 9.30pm Monday - Saturday
Cold sandwiches available to residents 24/7

MAINS

<p>Scottish smoked salmon salad Edamame beans, crushed avocado, cherry tomatoes, red onion, capers, toasted seeds <small>FI, MU, SS, SO, SD</small></p>	<p>11.00 / 19.50</p>
<p>Korean fried halloumi burger Smashed avocado, bib lettuce, triple cooked chips <small>GL, EG, DA, SS, SO, SD</small> <i>/ add fried egg £2.50 /</i></p>	<p>16.00</p>
<p>Beales cheese burger Pickled cucumber, burger relish, bib lettuce, triple cooked chips <small>GL, DA, MU, SO, SD</small> <i>/ add smoked pancetta £3.00 /</i></p>	<p>18.50</p>
<p>Cumberland sausages Mashed potatoes, caramelised onion gravy <small>CE GL DA MU SD</small></p>	<p>16.00</p>
<p>Salmon, cod & smoked haddock fishcake Spinach, hollandaise sauce, poached egg <small>GL, EG, FI, DA, MU, SD</small></p>	<p>18.50</p>
<p>Trealey Farm Charcuterie Board Monmouthshire air-dried ham, juniper cured wild venison carpaccio, fennel salami, rose veal, lemon & thyme salami, Mrs. Kirkham's Lancashire cheese, sourdough bread, pickles, olives <small>GL, DA, SD</small></p>	<p>11.00 / 20.00</p>
<p>Red onion tart Rachel's goats' cheese, aged balsamic, watercress & fennel salad, Jersey Royal potatoes <small>V GL DA MU SD</small></p>	<p>19.50</p>

SIDES - 5.00 each

Triple-cooked chips v SD
French beans
almonds & brown butter v DA SD
Roast crown prince pumpkin
sage, shallots DA SD

DESSERTS - 9.00 each

Peanut butter mousse
Chocolate & coconut ganache
PE SO SD
Baked Lemon Tart
crème fraiche
GL EG DA SD

BOTTLED BEER & CIDER

The 3 Brewers of St Albans Classic English Ale St. Albans, Herts, 4.0% ABV 500ml	6.90
The 3 Brewers of St Albans Golden English Ale St. Albans, Herts, 3.8% ABV 500ml	6.90
Kingstone Cider, 4.7%, 500ml	6.90
Kingstone Wild Berry Cider, 4.0%, 500ml	6.90
Estrella, 4.5% ABV, 330ml	5.40
Porette Lager, 5.0% ABV, 330ml	5.40
San Miguel Alcohol Free, 0% ABV, 330ml	5.40

DRAUGHT BEER & CIDER

	Pint	Half Pint
Carlsberg Lager, 3.8%	5.95	3.50
Guinness, 4.3%	6.40	3.60
San Miguel, 5.0%	6.40	3.60
Shipyard Lager, 4.5%	5.95	3.50
IPA, St. Albans, 3.8%	5.95	3.30
Wainwright Ale, Lake District, 4.1%	5.95	3.60

HOT BEVERAGES £5.00

Served with American-style cookie or three petits fours - Please advise your waiter

Café du Monde (Kenyan AA Grade)

*Cafetière or Decaffeinated Cafetière, Americano, Double Espresso
Café Latte, Cappuccino Macchiato, Café Mocha*

Pot of Eilles loose-leaf teas

*English Breakfast, Decaffeinated English breakfast, Earl Grey, Assam, Darjeeling,
Silver Needle, Green Jasmine Blossom, Camomile, Peppermint,
Ginger & Lemon, Fruity Berries, Green Sencha, Rooibus.*

Belgian Hot Chocolate

CHAMPAGNE & PROSECCO

	125ml	75cl Bottle
Champagne Drappier Carte d'Or Brut NV	£13.00	£69.00
Champagne Drappier Rosé de Saignée Brut NV	£14.00	£76.00
Ca' del Console Prosecco Extra Dry, Italy, NV	£8.00	£35.00
Ca' del Console Prosecco Rosé, Italy, 2020	£8.00	£35.00

WINES BY THE GLASS

	175ml	250ml
WHITE		
Pinot Grigio Villa Elsa 2020	£7.45	£9.95
Pulenta Estate XIV Pinot Gris 2021	£8.45	£11.45
Currency Creek, Stonemason Chardonnay 2021	£8.95	£11.95
Spinyback Sauvignon Blanc, Nelson 2021	£7.45	£10.20
Niel Joubert Byter Chenin Blanc 2021	£6.20	£8.20
RED		
Château Freybernat 2020	£8.20	£11.20
Casa Sant Orsola, Chianti 2018	£7.70	£10.20
Promesa Rioja Crianza 2018	£8.20	£11.20
Punta de Vacas Malbec, Norton 2020	£6.70	£8.70
Buitenverwachting Cabernet Sauvignon 2019	£7.45	£9.95
ROSÉ		
Pinot Grigio Rosé Marchesini 2018, Italy	£6.95	£9.45
M de Minuty Côtes de Provence 2021, France	£9.95	£13.45

- All wines listed also available in 125ml -

GINS (25ml)



West Lodge Park Dry Gin

5.50

West Lodge Park Elderflower & Cucumber Gin

6.50

Aber Falls	5.55	Plymouth	6.20
Bombay Sapphire	5.55	Seedlip Non-Alcoholic	4.80
Gordon's	4.80	Silverback	7.30
Gordon's Pink	5.55	Tanqueray No. 10	6.80
Hendrick's	6.50	Old Bakery	6.30
		Tanqueray Flor De Sevilla	7.30
		Whitley Neil Rhubarb & Ginger	6.00

FEVER TREE TONICS

2.70 each (200ml)

Indian Tonic	Elderflower Tonic
Slimline Indian Tonic	Mediterranean Tonic
Aromatic Tonic	Sicilian Tonic

COCKTAILS

West Lodge Winter Cup

WLP gin, raspberry liqueur, lemonade

14.80

Cranberry Mimosa

Cranberry juice, Champagne

12.50

Winter Spiced Apple

Apple juice, spiced rum, spices

9.50

NON-ALCOHOLIC COCKTAILS

Cranberry & Lime Mocktail	6.50
<i>Cranberry juice, sparkling water & lime</i>	
Seedlip Non-Alcoholic G&T	6.95
<i>Fever Tree elderflower tonic with lime</i>	
Sweet Sunrise	6.95
<i>Orange juice, pineapple juice & grenadine</i>	
Virgin Mojito	7.50
<i>Fresh mint, lime & soda water</i>	

SOFT BEVERAGES

Coca Cola, 330ml	£4.40
Diet Coca Cola, 330ml	£4.15
Fentimans 250ml	£4.15
<i>(Rose Lemonade or Elderflower)</i>	
Fentimans Ginger Beer, 250ml	£4.15
Frobishers Fruit Juices 250ml	£4.15
<i>(Orange, Apple or Cranberry)</i>	
Britvic Pineapple Juice	£4.40
Fever Tree Lemonade	£2.85
R Whites Cloudy Lemonade	£4.15
Appletiser	£4.70
Harrogate Still or Sparkling Water, 330ml	£3.55
Harrogate Still or Sparkling Water, 750ml	£5.35



CLUB BEALES

RESTAURANT & HOTEL LOYALTY CARD

SIGN UP

To unlock amazing free direct booking benefits
Plus exclusive offers, discounts & events

As a member of CLUB BEALES
you will receive brilliant benefits that are not available anywhere else
other than booking directly with the hotel.

You will also have access to fantastic seasonal offers
and events across the estate.

DISCOVER MEMBERSHIP BENEFITS
AND SIGN UP

www.westlodgepark.co.uk/sleep/club-beales/

Services Available At West Lodge Park

LAUNDRY

Guests requiring laundry services are requested to inform the Duty Housekeeper by 8.00am. Laundry will be returned by 10.00am the following day. This service is not available on Sundays or bank holidays.

BEDDING

Goose feather & down duvets and pillows are standard in all of our bedrooms. If you would prefer an anti-bacterial hollowfibre duvet and pillows instead, or require blankets and sheets, please dial 0 and notify reception.

ENVIRONMENTAL POLICY

We are committed to protecting the environment by saving on the unnecessary washing of laundry. Towels are changed after your second night – please leave in the bath/shower if you would like your towels changed sooner. Bed linen is also changed after your second night – please notify reception (dial 0) if you would like your bed linen changed sooner.

HEATING

All our rooms are centrally heated and all have a thermostatic control for the radiator which is set to level 3 for your comfort, this can be adjusted in the room. Please ring reception if you are too warm or cold.

SECURITY

Whilst every measure is taken to ensure the highest level of security at the hotel, we do recommend that articles of value are not left in the bedrooms and a safety deposit facility is available at reception. Our Executive, Luxury and Four poster rooms all have safes in the room.

TELEVISIONS

Bedroom televisions have over 90 Freeview digital channels.

View the channel listings for Freeview by pressing the “Guide” button whilst on any Freeview channel.

Should you need any assistance please dial 0 to contact reception.

INTERNET ACCESS

Wifi is available to all of our guests free of charge - log on to West Lodge Park Hotel. Once connected open your browser and you will be prompted to enter your e-mail address. Please follow instructions to access the internet.

If you require any assistance please contact the reception by dialing 0.

Outdoor Activities

Residents are always welcome to try improving their **putting** on the putting green in the garden. Golf clubs putters and balls are available from reception for a £20.00 refundable deposit.

During the summer months, you are welcome to play **croquet** on the hotel’s croquet lawn; mallets and balls are available from reception for a £20.00 refundable deposit.

A good selection of **rowing and self-drive** boats is available on the River Lea at Broxbourne between April and October. Take the M25 east to exit 25, the A10 and A1010 to Broxbourne.

Squash, all weather pitches and children’s swimming is available at the Furzefield Centre, Potters Bar. They are open seven days a week from 7.00am to 9.00pm (7.00pm on Saturdays and 8pm on Sundays) last admittance is 45 minutes before closing.

Telephone 01707 850500, to make a booking or for further information.

GOLF

Why not enjoy a golf break in a most beautiful part of North London playing at Trent Park Golf Club, one of the best courses in the area. Alternatively, enjoy a round at the stunning Hadley Wood private members Golf Club on the Alister Mackenzie designed course just two minutes' drive from the hotel.

HORSE RIDING

Available from Trent Park Equestrian Centre, please dial direct on 020 8363 8630.

GO-APE – TRENT PARK

Hotel guests receive a 15% discount. Enjoy two to three hours in the trees taking on zip wires, Tarzan swings, rope ladders and a variety of obstacles and crossings. Bookable with reception, please book in advance.

PUBLIC TRANSPORT

If you are returning from Central London by the underground the best arrangement is to get off at Oakwood Station, on the Piccadilly line, where you will find the taxi office inside the station hall that stays open until the last train.

If you have a car there is a car park at Cockfosters Station (a mile from the hotel) - Cost (2019): £6.00 per day Monday to Saturday, including Bank Holidays, £3.00 on Sunday – payable by debit or credit card.

TAXIS

A taxi service is available from Cockfosters Cars via reception with special rates for hotel guests. Please dial 0 to speak to reception who will be able to give you current pricing and book the taxi for you.

TELEPHONES

Room telephones are for in-house dialling only. If you wish to speak to a guest in another hotel bedroom, add **10** to single number rooms and **1** to double number rooms – *for example*:

Room 8 - Dial 108

Room 36 - Dial 136

FAX CHARGES

Our hotel reception will be happy to send a fax on your behalf – a full list of charges can be found at reception or by dialling **0** for further assistance.

HOTEL SERVICES

Reception - Dial 0

Housekeeping/Dry Cleaning - Dial 0

Room Service/Tray Collection - Dial 2222

WAKE-UP CALL

Reception will be happy to enter any wake-up call on your behalf.

My team and I would like to wish you a most enjoyable and memorable stay here with us at West Lodge Park Hotel.

Whether your visit is short or long, for business or pleasure be assured that we are here for you at all times.

Sincerely,



Chris Hall

General Manager - West Lodge Park Hotel

Extension 3940

E-mail: chrishall@bealeshotels.co.uk

The Grounds & Arboretum

At the foot of the front drive a fine view greets you.

The trees have always been a special feature of the estate and it is recorded that after the battle of Trafalgar many oaks from West Lodge Park were felled to provide timber for the ships of the Royal Navy.

There are now many specimen trees of great beauty in the arboretum, including three National collections of Hornbeams (*Carpinus betulus* cv), Swamp Cypress (*Taxodium distichum*) and Indian Bean tree (*Catalpa bignonioides*).

[The Beale Arboretum](#) consists of a large and interesting collection of trees. There are some 800 different varieties, planted by the Beale family since 1963.

You will find two hard paths leading down into the arboretum, starting at the right hand corner of the front car park. This is a path through the different areas of the Beale Arboretum, taking in Pines, Larches, Hornbeams, Birches and Maples among others. The paths also make a good route for jogging; alternatively for a longer run why not try the top field where the grass paths have been cut.

We have a selection of wellies by the front door if you wish to borrow a pair.

COUNTRY WALKS

West Lodge Park Arboretum - map and leaflet available from reception.

Walk around our 35 acres. Look out for the parliamentary walk on the left by the helipad and for the fine views over the Enfield Chace. Walking boots/shoes are recommended.

Trent Park: Drive down the front drive, turning left up Ferny Hill, and continue approximately two-thirds of a mile until reaching the entrance to Trent Park - parking on the right. Walk through woodland down to the lakes.

Hadley Green / Hadley Woods: Drive down the front drive, turn right, then right again and immediately left up Beech Hill. Continue until you reach a T-junction, and then turn right to Monken Hadley Church. Park here and walk around the old houses near the church along Hadley Green. Also nearby on Hadley Green is an obelisk to commemorate the battle of Barnet in 1471. Alternatively, turn left at the T-junction, drive through Hadley Common and continue down to the bottom of the hill, where you can park and walk in Hadley Wood.

Enfield Chase: Walk down the back drive behind the hotel, turning right into Cockfosters Road. Take the public footpath sign posted 50 yards up on the right, leading across the fields. Continue on this path until it is joined by another footpath coming down the hill from the right. Go up this path to the top (Hadley Road), turn right and walk along until you join the front drive of the hotel. Apart from the last section along Hadley Road, this walk takes you through unspoilt farmland, a long way from any traffic and lasts about an hour and a half. It can be muddy in wet weather.



The History of West Lodge Park

West Lodge Park is an English Country mansion in its own 35 acre park about 12 miles directly north of Piccadilly Circus. Although so near to the centre of London, it is in the middle of several thousand acres of beautiful rolling country - part of the 'Green Belt' of London.

In 1399 the care of the Chase was placed under higher office of state known as the Chancellor of the Duchy of Lancaster. The principal task at the time was the preservation of the trees and the game. For the administration of this work and the organisation of the large staff, three bailee lodges were therefore built - West Lodge, South Lodge and East Lodge.

When Henry IV (then Duke of Lancaster) married Mary de Bohun in 1421 he acquired, through her, the Manor and Chase of Enfield.

Enfield Chase was the scene of the overthrow of the Earl of Warwick by Edward IV at the battle of Barnet in 1471. The battlefield was Monkey Mead, now called Monken Hadley. The name Monkey Mead is retained by the brook which runs along the boundary of West Lodge Park in Cockfosters Road.

The heyday of West Lodge Park was most certainly in the 1670s under the ownership of Henry Coventry, Secretary of State to Charles II. He entertained royalty, the court, and the elite of the day at West Lodge, which was within about two hours by horse and carriage from Westminster, so an ideal country retreat.

From 1694 - 1716 West Lodge was owned by the disreputable Sir Basil Firebrace, who at one time was sentenced to imprisonment in the Tower of London for bribery and fraud.

The next owner was James Brydges, the first Duke of Chandos, who made his fortune in only a slightly less disreputable way than Sir Basil Firebrace, by being the paymaster - general to the army from 1706 - 1712.

On his death in 1744 the property was passed to his son Henry, the 2nd Duke. Like his father he did not live at West Lodge but at the main residence in Edgware.

After nearly 650 years, the Enfield Chase ceased to exist as a hunting forest and West Lodge became a gentleman's country seat, losing its responsibilities for the protection of the Chase.

John White Cater then took the lease of West Lodge Park in 1850 and lived there until his death in 1889. Alfred Mosely then took over the lease in 1890, until Ernest North Lewis became the first man to convert West Lodge into a hotel, taking the lease in 1921.

My Grandfather, Edward Beale bought West Lodge Park in March 1945 and moved there with his wife Betty and son Trevor. In 1958 Edward Beale aided by his brother John raised the standards by installing central heating and a start was made on building private bathrooms en suite.

Edward Beale lived at West Lodge Park for over fifty years; he formed the hotel's collection of Mary Beale paintings and took particular pleasure in creating the nationally recognised arboretum in the 35 acres surrounding the hotel. Edward Beale devoted much time to public affairs, and was awarded the C.B.E in 1966. He died in 1998 at the age of 94.

For 35 years the hotel had only two General Managers, Douglas Lunn from 1957 - 1969, then John Phillips from 1969 - 1992. Under the careful eye of my father, Trevor Beale, the hotel rose from three to a four star status and became well known when the England football team started to train in the grounds. Trevor started the series of classical concerts that are still running today, 40 years later. The hotel grew in size during this time with the addition of several extensions.

In 1992, Andrew Beale became the eighth generation to join the family firm, and the third generation to work at West Lodge Park. Under my leadership as General Manager the hotel gained one, and then two rosettes for the cuisine, and further enlargement of the hotel followed.

West Lodge Park is noted for the longevity and continuity of the staff, some of whom have been here for over 40 years. In a world where hotels have become ever blander, we are proud of having refused to follow the mould and to be a little different while being very highly rated by the AA and by our guests.

It is my very great pleasure to welcome you to this lovely hotel.



Andrew Beale
Managing Director
Beales Hotels
“Generations of excellence since 1769”

More information on the history of West Lodge Park can be found in the West Lodge Park history, portraits and gardens book, which can be purchased at Reception.

